



THE MOVEMENT CENTER

Application for 200-Hour Hatha Yoga Teacher Training

Thank you for considering our 200-Hour Yoga Alliance registered hatha yoga teacher training. Please tell us about yourself and what has inspired you to apply for our program. Write as much as you can to give us a clear picture of your practice and your goals, and send to info@mcyoga.com

Name: _____ Date: _____
Street: _____ City: _____
State: _____ Zip: _____ Email: _____
Phone: _____

REQUIREMENTS FOR 200-HOUR HATHA YOGA TEACHER TRAINING APPLICANTS

Applicants wishing to attend and be certified at the 200-Hour level should meet the following criteria:

- Have a regular yoga practice.
- Fill out this application
- Come for an interview
- Attend a group assessment class (next class is Wednesday, September 16, 2009)

COST: \$3,000 (*Seniors & Students receive a 25% discount.)

* Seniors = 65 and better. Students must have photo ID.

TMC accepts Visa, MasterCard, or your personal check (made out to The Movement Center).

Included: all classes, several of your textbooks, a binder with tabs to organize your papers, class handouts, and attendance at many yoga classes on The Movement Center's schedule. During some of the programs, simple meals are available, and included in the cost of the training.

A **deposit** of \$500 is due upon acceptance of your application, and the balance may be paid in five installments: October 3, 2009; November 7, 2009; February 6, 2010; March 6, 2010; April 3, 2010

If this payment schedule cannot work for you, please propose one that does. As long as the training is paid for before graduation, we are happy to work with you!

REFUNDS, CANCELLATIONS

We will refund your deposit, minus a \$75 fee, until September 12, 2009. Payments made after that date are not refundable.

ATTENDANCE AND MAKE-UP POLICIES

To respect each student's privacy, and maintain a comfortable flow in the training classroom, many courses will not be taped. If you have to miss a class due to illness or emergency, we will work with you to help you make up the class you miss. Additional fees may apply.

PLEASE ANSWER THESE APPLICATION QUESTIONS

Type your answers directly into an email, or save as a Word document, and send to info@mcyoga.com

1. What do you love about hatha yoga?
2. Describe your practice.
3. What are your goals for this training?
4. Are you currently teaching? If yes, please tell us about your experience thus far.